



## **What Do I Need to be Working On?**

**Instructions:** This is a good outline when creating a list of activities. Starting your list early will save you time later. Anything after HS is fair game. ***Creating your outline from this list doesn't replace speaking with a professional school advisor in the Career Center. Call 979.847.8938 to schedule an appointment with your pre-professional advisor.***

**Medical, Dental, Nursing, PA, and Pharmacy:** Complete A-G

**Vet:** Complete B-G, your experience will be animal care hours and veterinary experience. All HS experiences count for Vet applicants only.

**OT and PT:** Complete A-G, your healthcare experience requires additional info (speak with your pre-professional advisor)

**Law:** Complete B-G

- A. **HEALTHCARE EXPERIENCE:** Shadowing, paid, volunteer, etc. specific to the health profession you are applying for.
  
- B. **NON-HEALTHCARE RELATED COMMUNITY SERVICE:** Individual or student org service
  
- C. **EXTRACURRICULAR ACTIVITIES:** Student orgs, outside activities, personal activities, etc.
  
- D. **LEADERSHIP:** Officer position(s) (elected or volunteer), supervisor roles, leadership conference, committee chair, etc.
  
- E. **HONORS/AWARDS:** Dean's Honor Roll and/or Distinguished Student, scholarships, honor societies, student awards, etc.
  
- F. **WORK:** (*pre-health note:* for most applications this section does not include paid healthcare experience.)
  
- G. **RESEARCH:** For credit, zero hour, UG/Grad, certificate, non-certificate, research assistant, etc.

<b>Important OPSA links/resources</b>	
Career Center-Professional School Advising (OPSA)	<a href="http://tx.ag/opsa">tx.ag/opsa</a>
Listservs	<a href="http://tx.ag/opsalistservs">tx.ag/opsalistservs</a>
Calendar	<a href="http://tx.ag/opsacalendar">tx.ag/opsacalendar</a>
OPSA Handouts (Dental, Law, Med, Nursing, Occupational Therapy (OT), Pharmacy, Physician Assistant (PA), Physical Therapy (PT), Vet)	<a href="http://tx.ag/opsahandouts">tx.ag/opsahandouts</a>
OPSA Videos-Intro to advising, informationals, workshops & more	<a href="http://tx.ag/opsavideos">tx.ag/opsavideos</a>
OPSA Volunteer Handout and TAMU service-learning and volunteer opportunity directory	<a href="http://tx.ag/opsavolunteer">tx.ag/opsavolunteer</a> <a href="http://aggieserve.tamu.edu">aggieserve.tamu.edu</a>
Joint Admission Medical Program (JAMP)	<a href="http://tx.ag/JAMP">tx.ag/JAMP</a>
OPSA Student Organizations	<a href="http://tx.ag/opsastudentorgs">tx.ag/opsastudentorgs</a>
Workshops	<a href="http://tx.ag/opsaworkshops">tx.ag/opsaworkshops</a>
Admissions Stats for Dent, Law, Med, Pharmacy, PA, PT & Vet	<a href="http://tx.ag/opsastats">tx.ag/opsastats</a> <a href="http://tx.ag/AggieAdvantage">tx.ag/AggieAdvantage</a>

### Important Dates:

- MSC Open House-Fall & Spring Semesters [mscopenhouse.tamu.edu](http://mscopenhouse.tamu.edu)
- Law School Fair-Fall Semester [tx.ag/lawcaravan](http://tx.ag/lawcaravan)
- Second Year Informational-Fall Semester [tx.ag/opsaworkshops](http://tx.ag/opsaworkshops)
- Health Professions Symposium-Spring Semester [tx.ag/healthsymposium](http://tx.ag/healthsymposium)
- First Year Informational-Spring Semester [tx.ag/opsaworkshops](http://tx.ag/opsaworkshops)

<b>Pre-Health Reminders</b>	<b>Pre-Law Reminders</b>
<ul style="list-style-type: none"> <li>• Grades come first.</li> <li>• Major in what you like &amp; demonstrate academic excellence.</li> <li>• Gap years are common. OPSA is here to help current and Former Students.</li> <li>• Take Chemistry your first semester, and continue taking chemistry each fall/spring semester (<b>do not</b> break the sequence). <i>N/A for pre-nursing &amp; pre-OT</i></li> <li>• Take two semester courses at same college/university.</li> <li>• Taking two science courses per semester should be your goal.</li> <li>• Don't accept AP credit without speaking with both your Academic &amp; PSA advisors.</li> <li>• Build relationships with professors, healthcare professionals, mentors, supervisors, etc. throughout college because you will need letters of recommendations.</li> <li>• Network with healthcare providers: <ul style="list-style-type: none"> <li>◦ <a href="http://tx.ag/FindanAggie">tx.ag/FindanAggie</a></li> </ul> </li> <li>• NAAHP free resources (ex: financing, health professions OPSA does &amp; doesn't advise for, etc.) <ul style="list-style-type: none"> <li>◦ <a href="http://tx.ag/NAAHP">tx.ag/NAAHP</a></li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Grades come first.</li> <li>• Major in what you like &amp; demonstrate academic excellence.</li> <li>• Gap years are common. PSA is here to help current and Former Students.</li> <li>• Build relationships with professors, lawyers, mentors, supervisors, etc. throughout college because you will need letters of recommendations.</li> <li>• Network with lawyers: <ul style="list-style-type: none"> <li>◦ <a href="http://www.aggielaw.org">www.aggielaw.org</a></li> <li>◦ <a href="http://tx.ag/FindanAggie">tx.ag/FindanAggie</a></li> </ul> </li> <li>• Create Your Free JD Account <ul style="list-style-type: none"> <li>◦ <a href="http://www.lsac.org">www.lsac.org</a></li> </ul> </li> <li>• Financing Your Legal Education &amp; Additional Resources <ul style="list-style-type: none"> <li>◦ <a href="http://askedna.accesslex.org">askedna.accesslex.org</a></li> </ul> </li> </ul>

**Professional School Advising**  
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[opsa.tamu.edu](http://opsa.tamu.edu)